Jain Calendar 2016
Monthly Themes

January
PANCH KALYANAR

February
GYAN CHAUPER
GYANBAZI

March
UTTARADHYAYAN SUTRA

April
SIDDHACHAKRA
AYAMBIL OLI

May
BHAKTAMARA STOTRA

June
LESHYA

July
JAIN KARMA

August
BAHUBALI

September
PARYUSHAN FESTIVAL

October
DIWALI

November
JAIN TEMPLES OF GIRNAR

December
ASHTAMANGALA

PLUS MUCH MORE . . . .
Jai Jinendra

"Praise to Jinas who have conquered themselves"
"May the dharma of the Jinas prevail in your heart"

"Sarve Janaha Sukhino Bhavanthu"
May all living things cherish
and live happily

"Oh God, by worshipping and putting in practice your principles in life, I hope to achieve true knowledge, true vision & true character. For future life to come, I pray to be born again and again to serve and practice your principles."

Namaskāra Mahāmantra Navkar Mantra
namo arihantānam.
namo siddhānam.
namo āyariyānam.
namo uvajjhāyānam.
namo loe savva-sāhunam.
eso panca-namukkāro,
savva-pāva-ppanāsano;
mangalānam ca savvesim,
padhamam havai mangalam.

Om Mangalam Omkaar Mangalam
Mantra Mangalam, Navkar Mangalam
Om Mangalam Omkaar Mangalam
Tirth Mangalam Shatrunjay Mangalam
Om Mangalam Omkaar Mangalam
Dharma Mangalam Jain Dharma Mangalam
Om Mangalam Omkaar Mangalam
Guru Mangalam Gautam Mangalam

Kishor Bhimji Shah

YEAR
2016
Shri Shrutadevi saraswati, Bhagawati, humka var dena Jivan ki bansuri - mai, Devi Shraddha swara bhar dena. Samyag - jnan - ka dip jalakar Manaka timir hatana, Na bhule na bhatake mata, Aisi raha batana.

O Shrutadevi: O, renowned one, O Scriptural Deity, Saraswati Bestow upon us your blessed boons. Fill the flute of our life with the miraculous tunes of radiant Faith. Kindle the light of true knowledge in our minds & dispel the dense darkness from our minds. O mother! Show us the right path of life so that at anytime, we may not wonder blindly, aimlessly; and so that we may not forget or lose our way.

KUNDINDU-GO-KHIRATUSARA-VANNÄ, SADO-JATTHÄ KAMLE NISANNÄ; VÄESIRI PUTTHAYA-VAGGA-HATTHÄ, SUHÄYA SÄ AMHA SAYÄ PASTTHÄ.

Fair complexion like jasmine flower, full moon, milk of cow and dew, seated on a lotus, holding lotus in one hand, and a bundle of books in the other hand, beneficent to all, you! Goddess of learning (Saraswati Devi) always blesses us with happiness.
Jain Dharma is the essential nature of an individual or an object. Bhagawan Mahavir has explained the meaning of Dharma clearly, thus Dharma is nothing but the real nature of an object. Just as the nature of fire is to burn and the nature of water is to produce a cooling effect, in the same manner, the essential nature of the soul is to seek self-realisation and spiritual elevation. "Dharma is the name that can be given to all the elaborate codes of conduct and ideologies that enable life to attain nobility and spiritual exaltation". Dharma can be the only means to understand and realise the true meaning of life. Dharma in its real sense is that which leads the soul on the path of felicity, peace and spiritual bliss; and impels it to be active and progressive. Jain Dharma is absolutely independent, unique and systematised among the religion of the world. It has its own philosophy; it has a code of conduct tested by time. It has a unique outlook and wisdom.

Jainism is there in the universe since innumerable years and will remain there for innumerable years, that is, it is there forever. It was, and it is, and it will be there permanently. Jainism and its principles can be put into practice by everyone during his/her lifetime. Life's every moment is precious.

~ Be the Inspiration ~

Walk the Talk - Live the Jain Way of Life
How To Be A True Jain

When I enter the temple,
Let me leave my ego at its doorsteps,
Let me come to pray and not preach,
Let me obey rather than order,
Let me be fair and just, not fanatic,
Let me listen to others
rather than be listened to,
Let me look at the reasons
and not be rigid,
Let me rejoice in the philosophy
& not revel in physical practices,
Lord Mahavir,
help me be a true Jain
and let me leave my ego behind.

Kishor Bhimji Shah
PANCH KALYANAK

CHYAVANAN KALYANAK
Auspicious moment of conception

JANMA KALYANAK
Auspicious moment of birth

DIKSHA KALYANA
Auspicious moment of renunciation

KEVAL GYAANA KALYANAK
Auspicious moment of enlightenment

MOKSHA (NIRVANAN) KALYANAK
Auspicious moment of liberation

At each ‘Kalyanak’ attempt to do as many ‘Malas’ as possible to a maximum of 20

FOR CHAVAN KALYANAK
OM HRIM SHREE “TIRTHANKARA NAME” PARMESHTHINE NAMAH
e.g. OM HRIM SHREE PARSVANATH PARMESHTHINE NAMAH

FOR JANAM KALYANAK
OM HRIM SHREE “TIRTHANKARA NAME” ARHATE NAMAH

FOR DIKSHA KALYANAK
OM HRIM SHREE “TIRTHANKARA NAME” NATHAY NAMAH

FOR KEVAL GYAANA KALYANAK
OM HRIM SHREE “TIRTHANKARA NAME” SARVAGNAY NAMAH

FOR MOKSHA (NIRVANAN) KALYANAK
OM HRIM SHREE “TIRTHANKARA NAME” PARANGATAY NAMAH
### MAGSAR - JANUARY 2016 - POSH

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**Jine bhakti jine bhakti jine bhakti dine dine sadame'stu, sadame'stu, sadame'stu bhave bhave anyatha sharanam nasty tarmeva sharanam mama tasmat karunyabhavena raksha raksha jineshwara**

May I have uninterrupted devotion every day and always to Jineshwara in every birth that I may get. Jineshwara, I have none else to give protection; you alone are my refuge. So, have mercy upon me and save me - protect me -
Gyan Chauper and/or Gyanbazi

Jain version of snakes & ladders associated with the Jain philosophy illustrating concepts like karma & moksha. The checkered board is divided into eighty-four numbered squares. Each square represents a human quality. The ladders denote virtues and the snakes indicate vices, both of which determine rise or fall of a human. The pavilion at the top of the painting represents the heavens.
### Posh - February 2016 - Maha

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**Posh: 1 to 8 February Maha: 9 to 29 February**

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**Avoid Green & Root Vegetables**
Date: 1 | 4 | 7 | 10 | 12 | 15 | 18 | 21 | 24 | 28

**Avoid Root Vegetables**
Date: 2 | 5 | 6 | 8 | 11 | 16 | 19 | 20 | 22 | 29

**Jain Festival**
Date: 06 - Meru Teras
Date: 07 - Pakhi Pratikraman
Date: 21 - Pakhi Pratikraman
Date: 22 - Poonam (Bhav Siddhachal Yatra)

**Auspicious Day**
Date: 05 - Shitalnath Janma & Diksha Kalyanak
Date: 06 - Adinath Nirvan Kalyanak
Date: 08 - Shreyansanth Kevalgnan Kalyanak
Date: 10 - Abhinandanaswami Janma Kalyanak
Date: 10 - Vasupujya Kevalgnan Kalyanak
Date: 11 - Dharmanath Janma Kalyanak
Date: 11 - Vimalnath Janma Kalyanak (Vimalnath Diksha Kalyanak (sud Choth))
Date: 15 - Ajitnath Janma Kalyanak
Date: 16 - Ajitnath Diksha Kalyanak
Date: 19 - Abhinandanaswami Diksha Kalyanak
Date: 20 - Dharmanath Diksha Kalyanak
Date: 29 - Suparshvanath Kevalgnan Kalyanak

**Other**
Date: 14 - Valentine’s day
As an old, yellow leaf falls on the ground after a few days in autumn, so ends the life of a man whose days are over. O Gautam! Do not be careless (inadvertently) even for a single moment.” (10.1)

As a drop of a dew sits on the top of a blade of grass and does not last long; similarly a man’s life does not last long.” (10.1)
There is no knowledge without right faith,
No conduct is possible without knowledge,
Without conduct, there is no liberation,
And without liberation, no deliverance
... Mahavir (Uttaradhyanan Sutra 27/30)

“It is easy to attain money, gold and kingdoms,
The one thing that is not easily available is True Knowledge.”
The Siddhachakra depicts the Navpads - Arihant (centre), Siddha, Acharya, Upadhyaya, Sadhu, Gnan, Darshan, Charitra and Tap. The Ayambil Oli is dedicated to the worship of these Navpads.

In the 'Shreepal Raja no Ras' (The Legend of King Shreepal), Yashovijayji Maharaj Saheb says that "The Jinas have shown us countless techniques to manifest the God within us, but verily out of all those the worship of the Navpads is considered to be the highest."

Ayambil is observed to achieve victory over taste - "Life is not for eating, but food is taken to maintain the life."

The food eaten during Ayambil is like a detoxification & beneficial for one’s health. It also helps reduce one’s carbon & himsa footprint.
“Control anger through forgiveness; Arrogance through humility, Deception through honesty; Greed through contentment Non-violence (Ahimsa) through Jain Way of Life”

We can remove our anger by cultivating patience and calmness. We can reduce our egocentrism through selfless service and humility. We can stop our habit of deceit & manipulation by trying to be honest & straightforward. We can cause our greed to subside by allowing ourselves to feel contented and blessed, . . . Dashvaikalik Sutra
BHAKTAMARA STOTRA

Bhaktamar Stotra was composed by Acharya Shri Mantunguri in the 7th Century AD

This stotra is specially devoted to first Tirthankar Rushabhdev. (Adinath) Because of the melody of its words, deep meaning, feelings and sincerity of experience, it has occupied a unique place among all other “stotras” addressed to Jineshwar Bhagwan (venerable Jina).

BHAKTAMAR = BHAKT + AMAR
Bhakt is a true devotee
Amar is an immortal person

Many Jains recite this stotra daily.
### Fagan - May 2016 - Vaishakh

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**Avoid Green & Root Vegetables**
- Date: 3 | 5 | 8 | 11 | 14 | 17 | 20 | 23 | 27 | 29

**Avoid Root Vegetables**
- Date: 2 | 9,10 | 13 | 15 | 16 | 18 | 19 | 21 | 28 | 30

**Jain Festival**
- Date: 05 - Pakhi Pratikraman
- Date: 09 - Varshitap Parna
- Date: 17 - Jain Sansan Sthapana
- Date: 20 - Pakhi Pratikraman
- Date: 21 - Poonam (Bhav Siddhchal Yatra)

**Auspicious Day**
- Date: 02 - Naminath Nirvan Kalyanak
- Date: 02 - 20 Viharmans Bhagwans Janma Kalyanak (Anantanath Janma Kalyanak (vad Teras)
- Date: 05 - Anantanath Diksha & Kevalgnan Kalyanak
- Date: 05 - Kunthunath Janma Kalyanak
- Date: 10 - Abhinandan Chavan Kalyanak
- Date: 13 - Dharmanath Chavan Kalyanak
- Date: 14 - Abhinandan Nirvan Kalyanak
- Date: 14 - Sumatinath Janma Kalyanak
- Date: 15 - Sumatinath Diksha kalyanak
- Date: 16 - Mahavirswami Kevalgnan Kalyanak
- Date: 18 - Vimalnath Chavan Kalyanak
- Date: 19 - Ajitnath Chavan Kalyanak
- Date: 28 - Shreyansanath Chavan Kalyanak
- Date: 29 - Munisuvrata Janma Kalyanak
- Date: 30 - Munisuvrata Nirvan Kalyanak

**“Happiness of the mind is the real fruit of worship”**

“I bow down to him whose all passions like attachment and aversion, which sow the seeds of birth and rebirth, have been destroyed; whether he is Brahmā, Vishnu, Shiva or Jina.”  

— Hemchandrachārya

Equanimity towards all living beings, observance of restraint, holding wholesome mode, giving up of worrying and defiling tendencies constitute Sāmāyik.  

— Haribhadrasuri
In Jainism the doctrine of Leshya refers to the state of mind as reflected in our activities.

**Krishna Leshya (Black)**
Cruel & anti-social—mind without any compassion or mercy.

**Neel Leshya (Blue)**

**Kapot Leshya (Brown)**
Depressed & desperate. Always remain sad & gloomy.

**Tejo Leshya (Red)**
Virtuous & right doers. Careful about their actions. Can discriminate between good & evil.

**Padma Leshya (Yellow)**
Kind & morally upright. Kind, benevolent. Forgive everyone, even their enemies.

**Shukla Leshya (White)**
Noble & evolved. Observe the principles of non violence, truth, non stealing, celibacy, non-attachment. Trustworthy - treat all soul as equal, and have no ill feelings towards anyone.
### VAISHAKH - JUNE 2016 - JETH

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**VAISHAKH: 1 TO 5 JUNE**

**JETH: 6 TO 30 JUNE**

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Sāmāyam chaunisattho vandanayam, padikkamanam kāusaggo pachukhānām. Exercise for equanimity, adoration of 24 Tirthankars, bowing to guru, atonement, contemplation and adoption of vows constitute six essentials. . . Samansuttam

My soul characterized by knowledge and faith is alone eternal. All other phases of my existence to which I am attached are external occurrences that are transitory. . . Mahāvīr - Niyamasā, 99

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**AVOID GREEN & ROOT VEGETABLES**
Date: 1 | 4 | 6 | 9 | 12 | 16 | 19 | 22 | 25 | 28 | 30

**AVOID ROOT VEGETABLES**
Date: 3 | 13 | 17 | 18 | 20 | 24 | 27 | 29

**JAIN FESTIVAL**
- Date: 04 - Pakhi Pratikraman
- Date: 19 - Pakhi Pratikraman
- Date: 20 - Poonam (Bhav Siddhachal Yatra)

**AUSPICIOUS DAY**
- Date: 03 - Shantinath Janma & Nirvan Kalyanak
- Date: 04 - Shantinath Diksha Kalyanak
- Date: 09 - Dharmanath Nirvan Kalyanak
- Date: 13 - Vasupujya Chavan Kalyanak
- Date: 17 - Suparshvanath Janma Kalyanak
- Date: 18 - Suparshvanath Diksha Kalyanak
- Date: 24 - Adinath Chavan Kalyanak
- Date: 27 - Vimalnath Nirvan Kalyanak
- Date: 29 - Naminath Diksha Kalyanak

**OTHER**
- Date: 05 - World Environment Day
- Date: 15 - Father’s Day
- Date: 21 - Adra - Mango Tyag starts on this day
Understanding of the mechanism of Karma leads to total independence.

While the Law of Karma dictates what we are experiencing now to be the result of our own past action, the Law - by clearly defining the principle of cause and effect - also lays before us a positive future direction of our own choice and making. It unfolds abilities generally attributed only to supernatural beings. We achieve this not by fickle divine sanction or by surrendering to a guru.

Through our own efforts, we recognize our own personal path with ever increasing clarity.

Only WE are responsible for our past, present, and future and only we can alter it. No one else can!
### JETH - JULY 2016 - ASHAADH

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**JETH: 1 TO 4 JULY**  
**ASHADH: 5 TO 31 JULY**

“Pranihanti Kshanārdhen Sāmyāmālaṁbya KarmaTad,  
Yannahanyāt Narastivra Tapasā Jannakotibhih”

Karma, which cannot be destroyed even by  
observing acute austerities for millions of lifetime,  
can be destroyed within a moment by resorting to equanimity.  
. . Hemchandrachārya

“How people treat you is their karma; how you react is yours“

**AVOID GREEN & ROOT VEGETABLES**
Date: 3 | 6 | 9 | 12 | 15 | 18 | 21 | 24 | 27 | 30

**AVOID ROOT VEGETABLES**
Date: 10 | 19 | 20 | 22 | 26 | 28

**JAIN FESTIVAL**
Date: 03 - Pakhi Pratikraman  
Date: 18 - Chaumasi Chaudas  
Date: 19 - Guru Purnima

**AUSPICIOUS DAY**
Date: 10 - Mahavirsavami Chavan Kalyanak  
Date: 12 - Neminath Nirvan Kalyanak  
Date: 18 - Vasupujya Nirvan Kalyanak  
Date: 20 - 20 Viharmans Bhagwans Chavan Kalyanak  
Date: 22 - Shreyansanath Nirvan Kalyanak  
Date: 26 - Anantanath Chavan Kalyanak  
Date: 27 - Naminath Janma Kalyanak  
Date: 28 - Kunthunath Chavan Kalyanak

**CHATURMAS** (Four months) starts from Ashaadh Chaturdasi - 15 July till Kartik Poonam - 14 Nov  
During Chaturmas, Jain Sadhus & Sadhvis in India stay in one place, to study, do sadhna,  
tapasya, give discourses to the Jain sangh and engage themselves in Jinvani.  
Jain Sadhus & Sadhvis should be in our thoughts & prayers everyday.  
“ Namo Loe Savva - Sahunam“
You stand sky high, un-clad in mind and body,
Bahubali! A warrior of non-violence.
You wrought your mind in sobriety;
the damsel of detachedness enamoured you:
your soul bloomed.
PEACE - it does not mean to be in a place where there is no noise, trouble or hard work. It means to be in the midst of those things and still be calm in your heart.

SOLITUDE is not the absence of people, It's the absence of dependency on them, then it matters not, whether alone or in a crowd.

MINDFULNESS is waking up & living in harmony with oneself & with the world & appreciating the fullness of each moment of life.
Introspection during the Paryushan Festival should not only be of the self but should also include a review of our actions towards animals, plants and all other forms of life forms and the environment.

The above prayer of forgiveness, which is recited often during the Paryushan Festival reminds Jains that "the universe is not for man alone. It is a field of evolution for all of life's forms. Jainism teaches that life is life, not only in people of all lands, colours, and beliefs, but is of the same sacred quality in all creatures, right down to the tiny ant and humble worm. Consciousness exists in everything which grows, regardless of the size of its form. Though different forms are not the same in mental capacity and sensory apparatus, the life force is equally worthy in all"
**SHRavan - SEPtember 2016 - BHadarVO**

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<td><strong>SHRavan: 1 September</strong>&lt;br&gt;<strong>BhadarVO: 2 to 30 September</strong></td>
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**AVOID Green & Root Vegetables**
- Date: 1 to 6, 9, 13, 15, 18, 21, 23, 26, 29

**AVOID Root Vegetables**
- Date: 10, 16, 30

**JAIN Festival**
- Date: 01 - Kalpa Sutra Vanchan
- Date: 02 - Mahavirswami Janma Vanchan & Sapna Darshan
- Date: 05 - Kshamapana, Baras Sutra Vanchan, Samvantsari Pratikraman
- Date: 05 - Paryushan Maha Parva Ends
- Date: 06 - Parna
- Date: 09 - Ghandar Dev Vandana
- Date: 15 - Pakhi Pratikraman
- Date: 16 - Poonam (Bhav Siddhachal Yatra)

**AUSPICIOUS Day**
- Date: 10 - Suvidhinath Nirvan Kalyanak
- Date: 30 - Neminath Kevalgnan Kalyanak

**OTHER**
- Date: 12 - Bakri Eid (Observe Ayambil Tap)

**ReaSon to do Pratikraman (VANDITTu SUTra 48)**
- Padisiddhanam karane, kichchana-makarane padikkamanam.
- Asaddahane a taha, vivaria-paruvanae a

**FORGiveness to all living Beings (VANDITTu SUTra 49-50)**
- Khamemi savva-jive, save jiva khamantu me,
- Mitti me savva-bhuesu, veram majha na kenai,
- Evamaham aloia, nindia-garhia - duganchhig samam
- Tivihena padikkanto, vanami jine chauvvisam
The Festival of Lights - Diwali symbolises an integral facet of Indian culture which teaches us to vanquish ignorance that subdues humanity and to drive away the darkness that engulfs the light of knowledge. In this modern world, Diwali is a timely reminder for us all to uphold the true values of life. Jains celebrate Diwali to mark the passing into Nirvana of Bhagwan Mahavir. Jains light lamps to commemorate Bhagwan Mahavir’s divine knowledge that dispersed the darkness of ignorance. The state of liberation (Moksha) attained by Mahavir and the state of omniscience attained by Gautamswami on New Year’s day constitute spiritual wealth according to Jainism. This the wealth, we as Jains are supposed to worship on the occasion of Diwali.

May we all prove worthy to receive the compassion which flows from the lotus feet of all Tirthankaras.
"The happiness of your life depends upon the quality of your thoughts: therefore, guard accordingly, and take care that you entertain no notions unsuitable to virtue and reasonable nature." ... Marcus Aurelius

"Kindness is the language which the deaf can hear and the blind can see."

"Blessed are those who can give without remembering and take without forgetting"
### Jain Calendar 2016

#### Kartik - November 2016 - Magsar

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**KARTIK: 1 to 29 November**  
**MAGSAR: 30 November**

### Jain Temples of Girnar

According to Shvetamber scriptures, Girnar is thought to be the 5th Tunk of Mount Shatrunjay. Bhagwan Neminath - 22nd Tirthankara - took Diksha here & also attained Keval Gnan & Moksha after great austerities at Girnar.

It is believed that 20 of the 24 Tirthankaras of the future will attain their liberation (Moksha) at Girnar.

### Avoid Green & Root Vegetables
- Date: 1, 5, 8, 11, 13, 16, 18, 21, 25, 28

### Avoid Root Vegetables
- Date: 2, 14, 19, 23

### Jain Festival
- Date: 01 - Bhai Bij
- Date: 05 - Gyan Pancham
- Date: 13 - Chaumasi Chaudas
- Date: 14 - Kartik Poonam *(Bhav Siddhachal Yatra)*
- Date: 28 - Pakhi Pratikraman

### Auspicious Day
- Date: 02 - Suvidhinath Kevalgnan Kalyanak (Aranath Kevalgnan Kalyanak (sud Baras)
- Date: 18 - Suvidhinath Janma Kalyanak
- Date: 19 - Suvidhinath Diksha Kalyanak
- Date: 23 - Mahavirswami Diksha Kalyanak
- Date: 25 - Padmaprabhu Nirvan Kalyanak

### Other
- Date: 01 - World Vegan Day  
  *(Nov is Vegan Awareness month)*
- Date: 14 - World Diabetes Day
ASHTAMANGALA  GAHULI BY HANSHABEN
If you ever feel indifferent, intolerant, vindictive, angry towards someone, quietly remind yourself that:-

Just like me, this person is seeking happiness in their life.
Just like me, this person is trying to avoid suffering in their life.
Just like me, this person has known sadness, loneliness and despair.
Just like me, this person is seeking to fulfil their needs.

Just like me, this person is learning about life.

*Our faith – Jainism teaches us All Souls are Equal*
MAHAVIRA’S LESSONS OF WISDOM
FOR DAILY REFLECTION

RESOLVE TO REFLECT AND INCORPORATE IN YOUR OWN LIFE,
BHAGWAN MAHAVIR’S LESSONS OF WISDOM

- Know yourself, that is true knowledge
- Never impose on others what you do not want imposed on you
- What goes around, comes around
- You and only you are responsible for all your actions
- Avoid thoughts, words and actions influenced by anger, fear or greed
- Be sensitive to people less privileged than you
- Kindness, empathy and respect transcend humanity. All sentient beings merit them.

All the world’s quarrels stem from intolerance of each others’ views
- A rational worldview shall help you grow
- You can achieve anything in life by a combination of rational perspective, knowledge and actions
- Nothing is permanent, change is the way of life

... By Anish Shah

FOUR SUPREME GIFTS
which are difficult to earn & attain;
FIRST, is the gift of being born as a human being;
SECOND, the gift of being ignited with a longing to hear the truth and of having that longing fulfilled;
THIRD, the gift of developing faith in and love for the true teachings one hears;
FOURTH, the gift of being so filled with enthusiasm and conviction as to put the teachings into practice in one’s daily life.

...Dadhichabrahma Sutra

“Life is measured in moments, not in years.
One hundred year is a point in eternity. We are worried about how to live, but it will be over before we know.
This human birth is the best opportunity.
Really we are blessed.”
Quotes from:
YOGASHAstra of HEMCHANDRA

“All living beings are souls, with consciousness and the breath of life, like me. Just as I welcome happiness and find pain offensive, all beings enjoy happiness and dislike pain. Upon thinking about this, as it applies to all beings, I will not act in a way that would cause such undesired violence, torment, or loss of life to any living being.”

“Pride is that which makes me blind, because it robs the eye of discrimination. It is also the destroyer of the three goals of human pursuits - Dharma - discharge of duty; Artha - acquirement of wealth; Kama - gratification of desire, as well as of decent behaviour, learning and a good character.”

“The darkness of ignorance was blinding my vision. A healing paste has now been applied - the medicine of true Knowledge. Now my inner eyes are open. To the Master who helped me, who removed the layers of ignorance and enabled me to see rightly, I humbly offer my appreciation and gratitude.”

“May no one commit evil. May no one suffer. May the entire world be liberated. Such a sentiment is called friendliness.”

The text consists of 1009 verses divided into 12 chapters shedding light on Jain code of conduct as well as a Jain treatise on Yoga.

Hemchandra highlights ascetic practices for moral upliftment, service to one’s parents, meditation, recitation of the Jinas’ names & meritorious conduct. It is guide for ascetics as well the layperson on the path of liberation.
Pacchakhaan — this is when a layperson takes a limited time bound vows renouncing certain activities for a fixed period of time. By taking these vows, one is rewarded by a well organised, self-disciplined, stress free lifestyle full of peace and tranquillity and aids in increasing one’s self-control and mental stamina.

Please Note:
When taking any pacchakhaan, say the word pacchakhaami and vosirami. When giving the pacchakhaan to someone else say the word pacchakhai and vosimi. The acceptor of the pacchakhaan will then say the word pacchakhaami and vosirami respectively.

When you finish the vow, sit at one place, fold your hand i.e. Muththi vaalavi or handful, recite Navakar Mantra three times. This concludes your vow.

Dharana Mutthi Sahiam Abhigrah
(This is a general pacchakhaan to renounce certain activity (tyag) for a fixed period of time - e.g. I will not eat food for the next two hours or I will remain silent for the next hour.)

Dharana Mutthi Sahiam, Abhigaham, Pacchakhaai (Pacchakhai), Annatthanaa Bhogenaam, Sahasaa Gaarenam, Mahattaraa Gaarenam, Savva Samaahi Vattiyaaa Gaarenam, Vosirai (* Vosirami)

Navkaarsi

Ayambil - Nivi - Ekaasanu - Biyaasanu

Evening Pacchakhaan
Chauviham:
Divasa Chariamam, Pacchakhaai, Chauvi Hampa Aahaaram, Asanam, Khaimam, Saaaimam, Annatthanaa Bhogenaam, Sahasaa Gaarenam, Mahattaraa Gaarenam, Savva Samaahi Vattiyaaa Gaarenam, Vosirai (* Vosirami)

Tiivham:
Divasa Chariamam, Pacchakhaai, Tiiv Hampa Aahaaram, Asanam, Khaimam, Saaaimam, Annatthanaa Bhogenaam, Sahasaa Gaarenam, Mahattaraa Gaarenam, Savva Samaahi Vattiyaaa Gaarenam, Vosirai (* Vosirami)

For correct pronunciations - refer to a person who can recite above in Gujarati
POONAM:
SHREE SIDDHACHAL (BHAV) YATRA
FIVE CHAITYAVANDANS

FIRST CHAITYAVANDAN OF JAY TALETI
Shree Shatrunjaya siddhakshetra, dithe durgati vare, Bhav dhari ne je Chadhhe, tene bhav par utare. Anata siddhano ahe thham, sakal tirthno ray, Prueva navanu Rushabhdev, jyaat ththavia prabhu pur.
Surajkund sohamano kavajaksha abhiram, Nabhiraya kule mandano, Jinvar karun pranam.

SECOND CHAITYAVANDAN
OF SHREE SHANTINATH BHAGWAN
Shanti jineswar solama, acharasat vando, vishwasenkul nabhomani, bhavijan such kando. Mruglanchhan jin aukhun, lakh varas praman, bhatinvar nagari dhani, prabhulgun manikhan. Chalis dhanushani dehad, samchoras santhan, vadan padma jyu chandalo, dithe param kaliin.

STUTI
Shri Siddhchal Mandal, Rushabha jinande dayale, Marudevanandana, Vandan karu trankala. A tirth jani, purvanavanu var, Adishwara avya, jani labha apar.

THIRD CHAITYAVANDAN
OF RAYAN PAGLA
Eh giri upar Adidev, Prabhu pratima vando, Rayan hethe paduka, pujine anando. Eh girini mahima anant, kun kare vakhan, Chaitri punamne dine, teh, adhiko Jain, Eh tirth sevo sada, ani bhaktidhar shree shatrunjay sukhdayko, dan vijay jaykar.

STUTI

FOURTH CHAITYAVANDAN
OF SHREE PUNDARIK SWAMI
Adishwara jinrayi, Gandhar guwant, pragat nam pundrik jas, mahimae mahant. Panch kodi munind sath, ansan tihan kidh, shukla dhyan dhyana amal, kewal var lidh. Chaitri punamne dine e, pamyad pad mahand, te dinthi Pundarik Giri, nam dam shikland.

STUTI

FIFTH CHITYAVANDAN OF ADINATH BHAGWAN
Adidev alveshu, vinitani ray, Nabhiraya kul mandano, Marudeva may. Panchshe dhanushhi delhi, Prabhuji param dayal, chaurashi lakpurvni, jas ayu vishal, vrushabh lanchhanin jin vrushdharae, uttam gun mari khan. Tas pad padam sevan thaki, lahe avichal than.

STUTI
Adi Jinwar Raya, jas sowan kaya, Marudeva maya, dhori lanchhan paya. Jagshiti Nipaya, shudhcharitra paya, kewalsiri raya, moksha nagre sidhaya.

KISHOR BHIMJI SHAH
Logassa Sutra

Logassa ujjao-gare, dhamma-titha-yare jine.
Arihante kitaissam, chauvisam pi kevali.

Usabhâ-majjâm cha vande,
Sambhava-mahinandananma cha sumaim ma.
Pauama-pâpham supâsama,
Jinam cha chanda-pâpham vande.
Suvihim cha puppha-dantam,
Sîlā-sijamsa-vâsu-pujjam cha.
Vimala-manantam cha jinam,
Dhammam santim cha vandhami.
Kunthum aram cha mallim,
Vande muni-suvayam nami-jinam cha.
Vandhami rittha-nemim,
Pâsam tâha vadhhamânam cha.

Evan mae abhitthu,
Vihaya-raya-malâ pahna-jara-marana.

Chauvisam pi jinavarā,
Tiththa-yarah me pasiyantu.
Kittiya-vandiya-mahiyya,
je e logassa uttanâ siddhâ.
Arugga-bohi-labham,
samâhi-vara-muttamam-dintu.

Chandesu nimmala-yarah,
âichchesu ahiyam payâsa-yarah.
Sâgara-vara-gambhirâ,
siddhâ siddhim mama disantu.

In the whole universe, shedding great light
Are the Jinas, the founders of the Dharma
And the blazers of the Tirtha
I revere these Arihants,
who are twenty four Kevalins

I revere Rishabha and Ajita, Sambhava
& Abhinandana, Sumati, Padmaprabhu
And the Jina Suparshva
I bow down to Chandraprabhu & to
Suvidhi, and Pushpadanta, Shitala, Shreyans
& Vasupujya, Vimala and the Jina Ananta
I revere Dharma & Shanti,
I bow to Kunthu, Ara and Mali,
I revere Muni Suvat and the Jina Nami,
Aristhanemi, Parshva and
Lord Vardhamana Mahavira

I am praising all Arihants who have been
liberated from karmas, & who have
Broken the cycle of birth & death

These are the twenty four Lords Jina.
The Tirthankaras smile upon me.
They are whole heartedly praised & revered.
They are the purest souls in the universe.
They give divine health & knowledge &
teach the path to final Liberation

They are brighter then the moons,
More brilliant than the suns,
They are deeper than the oceans
O Siddhas, show me the way to Perfection.
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Record above when you or your family have fulfilled a Kartavya
The Annual Kartavyas are as prescribed in *Sravaka Prajnaapti.* If it is not possible to perform above duties alone, one should perform them collectively with others.
Jain Acharyas say that you have to practice the religion:-
yatha-shakti (as per your capacity) and according to the desh-kala (place and time)

---

**THOUGHTS FOR ALL TIME**

We know that life is temporary.
We know that life is uncertain;
We know that nothing accompanies
Us to the other worlds
Except our good deeds & our character.
But somehow, most of us,
most of the time, forget
These simple facts of life
and live our lives as if we
Are going to continue here forever.

**STUTIS**

Dodi dodi aavyo prabhu tari pas
Anant bhavono hun chhun taro das
Ek aj mari puni karjo Aash,
Dukhiyarana dukho karjo nash
Hu Kyanthi aavyo kya jawano,
teni kain khabar nathi,
To pan prabhu lampat bani,
Hu kshanik sukkh chhodu nahi,
Sudev, suguru, sudharma sthano malya pan
sadhya nahn, Shu thase prabhu marun,
Chalaak thai manavbhav Chukyo sahi
Jain Calendars 2012 – 2016

Concept & Created By
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(“Miechami Dukkadam” for any unforeseen errors)

Assisted By
Hansha B Shah | Damyanti B Shah | Kastur B Shah

Inspired By & Dedicated To
My late Parents & Brother
Bhimji Kumbha Shah | Monghi Bhimji Shah | Naresh Bhimji Shah

These Calendars are NOT FOR SALE In ANY FORMAT